

ADELAIDE COUGARS NETBALL CLUB



POLICY 005:

COACHES CODE OF BEHAVIOUR

Adelaide Cougars Netball Club

Policy 005 – Coaches Code of Behaviour



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1. Introduction:

The Adelaide Cougars Netball Club (ACNC) recognises the important role of Coaches as a positive role model for the sport of netball and its athletes. In recognition of this most influential role, ACNC expects its Coaches to act with integrity and respect in all of their dealings with players and their families, in preparing athletes for contest and in competition.

Within this context ACNC acknowledges that Coaches are increasingly being expected to face complex issues that require them to exhibit ethical and appropriate conduct. The ACNC Coaches' Code of Conduct is modelled on the recommendations of Netball SA, Netball Australia and the Australian Sports Commission and is designed to provide a framework for expected behaviour.

2. General Code of Behaviour

As a person required to comply with this Policy, Coaches must meet the following requirements with regard to their conduct during any activity held or sanctioned by Netball Australia, Member Organisations or Affiliates.

- 2.1. Respect the rights, dignity and worth of others.
- 2.2. Be fair, considerate and honest in all dealings with others.
- 2.3. Make a commitment to providing quality service.
- 2.4. Be aware of, and maintain an uncompromising adherence to Adelaide Cougars Netball Club and Netball Australia's standards, rules, regulations and policies.
- 2.5. Operate within the rules of the sport including national and state guidelines which govern Netball Australia, Member Organisations and Affiliates.
- 2.6. Do not use your involvement with netball to promote your own beliefs, behaviours or practices where these are inconsistent with those of Adelaide Cougars Netball Club, Netball Australia, Member Organisations or Affiliates.
- 2.7. Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age, as your words and actions are an example.



- 2.8. Avoid unaccompanied and unobserved activities with persons under 18 years of age, wherever possible.
- 2.9. Refrain from any behaviour that may bring Adelaide Cougars Netball Club, Netball Australia, Member Organisations or Affiliates into disrepute.
- 2.10. Provide a safe environment for the conduct of the activity.
- 2.11. Show concern and caution towards others who maybe sick or injured.
- 2.12. Be a positive role model.
- 2.13. Understand the repercussions if you breach, or are aware of any breaches of this Code of Behaviour.

3. Role of Coaches within ACNC

In addition to Netball Australia's General Code of Behaviour, Coaches must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as a coach.

1. Treat all players with respect at all times. Be honest and consistent with them. Honour all promises and commitments, both verbal and written.
2. Promote a climate of mutual support among your players. Encourage players to respect one another and to expect respect for their worth as individuals regardless of their level of play.
3. Encourage and facilitate players' independence and responsibility for their own behaviour, performance, decisions and actions.
4. Involve the players in decisions that affect them.
5. Determine, in consultation with the players, what information is confidential and respect that confidentiality.
6. Provide feedback to players in a caring sensitive manner to their needs. Avoid overly negative feedback.
7. Refrain from any form of personal abuse towards your players. This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed toward your players from other sources while they are in your care. (Abide by the Adelaide Cougars Netball Club / Netball Australia Member Protection Policy)



8. Refrain from any form of Harassment towards players. Treat all players fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status, and other condition. (Abide by the Netball Australia Member Protection Policy)
9. Be acutely aware of the power that you as a coach develop with your players in the coaching relationship and avoid any sexual intimacy with players that could develop as a result.
10. Avoid situations with your players that could be construed as compromising.
11. At all times use appropriate training methods which will benefit the players and avoid those which could be harmful. Ensure that the tasks, trainings, equipment and facilities are safe and suitable for age, experience, ability and physical and psychological conditions of the players.
12. Ensure the players' time spent with you is a positive experience. All players are deserving of equal attention and opportunities. Provide training and game opportunities that ensure everyone has a reasonable chance to succeed and to improve/ acquire skills and develop confidence.
13. Actively discourage the use of performance enhancing drugs, the use of alcohol and tobacco and illegal substance. (Abide by the Adelaide Cougars Netball Club / Netball Australia Anti-Doping Policy).
14. Recognise individual differences in players and always think of the player's long-term best interests.
15. Set challenges for each player which are both achievable and motivating.
16. Respect the fact that your goal as a coach for the player may not always be the same as that of the player. Aim for excellence based upon realistic goals and due consideration for the participant's growth and development.
17. At all times act as a role model that promotes the positive aspects of sport and of netball by maintaining the highest standards of personal conduct and projecting a favourable image of netball and of coaching at all times.



18. Recognise your player's rights to consult with other coaches and advisers. Co-operate fully with other specialists (e.g. sports scientists, doctors, physiotherapists etc.).
19. Do not exploit any coaching relationship or information gained through Netball Australia programs, to further personal, political, or business interests.
20. Encourage players and coaches to develop and maintain integrity in their relationship with others.
21. Respect other coaches and always act in a manner characterised by courtesy and good faith.
22. When asked to coach, ensure that any previous coach / player relationship has been ended in a professional manner.
23. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules. Know and abide by netball rules, regulations and standards, and encourage players to do likewise. Accept both the letter and the spirit of the rules.
24. Be honest and ensure that qualifications are not misrepresented.
25. Make a commitment to providing a quality service to your players. Provide a training program which is planned and sequential. Maintain or improve your current NCAS accreditation, seek continual improvement through performance appraisal and ongoing coach education and be open to other people's opinion.