

ADELAIDE COUGARS NETBALL CLUB



POLICY 003:

ILLICIT DRUGS

This policy is informed by the work of Netball Australia

Adelaide Cougars Netball Club

Policy 003 – Illicit Drugs in Sport



Document and Version Control (Office Use Only)	
Document Title	Policy 003: Illicit Drugs
Author/Document Reviewer:	Adelaide Cougars Netball Club Head Coach
Approved:	27/08/2014
File name:	C:\Users\Karen\Dropbox\Committee\New Policies & Procedures AUGUST 2014\003 ACNC POLICY - ILLICIT DRUGS IN SPORT - 2014 FINAL.docx
Version No.	Version 2
Review Date.	August 2016

Review/ Amendment History

Reviewer	Date	Details
Head Coach - Jim Haldane	19/08/2014	V1 review. Update details to reflect current environment

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1. Introduction:

- 1.1. The Adelaide Cougars Netball Club (ACNC), with Netball Australia (NA), recognises the use of illicit drugs is harmful to athletes. Further, the use of illicit drugs by athletes can bring the sport into disrepute and sets a poor example for other members of the community who view athletes as role models.
- 1.2. The ACNC and NA wish to prevent the use of Illicit Drugs in Sport through increased education for athletes, athlete support personnel and members in relation to the potential harms of the use of Illicit Drugs.
- 1.3. This policy is designed to help prevent the uptake of illicit drug use and reduce the drug-related harm to individuals, families and stakeholders of ACNC, NA and the broader community.
- 1.4. The ACNC and NA will adopt a management approach which focuses on education and counselling in addressing the use of illicit drugs in the out-of-competition context.
- 1.5. Some illicit drugs may be legitimately used under the supervision of a physician for a clinically justified purpose. The possession and use of illicit drugs is subject to Commonwealth, State and Territory laws.
- 1.6. The ACNC and NA have adopted and implemented an anti-doping policy and rules which conform to the World Anti-Doping Code. The World Anti-Doping Code Prohibited List includes illicit drugs which are prohibited in-competition. This Illicit Drugs in Sport Policy differs from the ACNC and NA Anti-Doping Policy in that it addresses the out-of-competition use of illicit drugs, concentrating primarily on education, awareness and prevention initiatives.

2. Objectives

- 2.1. The ACNC and NA are committed to deterring the use of illicit drugs in sport through:
 - a) Tailored education and prevention programs, including the use of positive role models,
 - b) Effective education and counselling for athletes identified as using illicit drugs.

3. Application

- 3.1. This Illicit Drugs in Sport Policy applies to:
 - a) Athletes;
 - b) Athlete Support Personnel;



- c) Member Organisations;
- d) Members;
- e) Employees and contractors of Netball Australia; and
- f) Any other Person who has agreed to be bound by this Illicit Drugs in Sport Policy.

4. Application

- 4.1. The persons identified in Section 3 of this Policy (Application) are bound by this Illicit Drugs in Sport Policy as a condition of their participation and/or involvement in the sport.
- 4.2. Roles and responsibilities – **Athletes** must:
 - 4.2.1 Be knowledgeable of and comply with all rules applicable to them under this Illicit Drugs in Sport Policy.
 - 4.2.2 Use their influence on other Athletes to reinforce the education messages regarding illicit drugs.
 - 4.2.3 Read and understand the List of Prohibited Illicit Drugs as it relates to them and keep up to date with any changes to the list.
 - 4.2.4 Act in a discreet and confidential manner in discharging their obligations under this Illicit Drugs in Sport Policy.
- 4.3. Roles and responsibilities – Athlete Support Personnel, Employees and Contractors must:
 - 4.3.1 Be knowledgeable of and comply with all rules applicable to them or the Athletes whom they support under this Illicit Drugs in Sport Policy.
 - 4.3.2 Read and understand the List of Prohibited Illicit Drugs as it relates to them and keep up to date with any changes to the list.
 - 4.3.3 Use their influence on Athletes to reinforce the education messages regarding illicit drugs.
 - 4.3.4 Act in a discreet and confidential manner in discharging their obligations under this Illicit Drugs in Sport Policy.
- 4.4. Roles and responsibilities – Netball Australia will:
 - 4.4.1 Adopt, implement and comply with this Illicit Drugs in Sport Policy.
 - 4.4.2 Require as a condition of membership that the policies, procedures, rules and programs of Netball Australia and Member Organisations are in compliance with this Illicit Drugs in Sport Policy.



- 4.4.3 Develop and implement appropriate education and prevention programs and initiatives for the sport.
- 4.4.4 Use its best efforts to assist all those to whom this policy applies to fulfil their responsibilities under this Illicit Drugs in Sport Policy.
- 4.4.5 Adopt privacy principles consistent with the Privacy Act.
- 4.4.6 Make reasonable efforts to make this Illicit Drugs in Sport Policy available to Athletes, Athlete Support Personnel, Members, and any other Person who has agreed to be bound by this Illicit Drugs in Sport Policy.
- 4.4.7 Ensure that at all times it has the authority to enforce this Illicit Drugs in Sport Policy.
- 4.4.8 Ensure all employees, staff and contractors act in a discreet and confidential manner in discharging their obligations under this Policy.
- 4.4.9 Provide information and education to all staff regarding their responsibilities in relation to the Privacy Act.
- 4.4.10 Obtain DoHA approval for any amendments to this Illicit Drugs in Sport Policy.

5. Illicit Drugs in Sport Policy Officer

- 5.1. Netball Australia shall appoint a suitable person to the position of Illicit Drugs in Sport Policy Officer.
- 5.2. The Illicit Drugs in Sport Policy Officer shall;
 - 5.2.1. Be responsible for the supervision and administration of this Illicit Drugs in Sport Policy and the associated education programs, and dissemination of this policy to Athletes, Athlete Support Personnel, Members, and any other Person who has agreed to be bound by this Illicit Drugs in Sport Policy
 - 5.2.2. Act in a discreet and confidential manner in discharging their obligations under this Policy, applying privacy practices consistent with the Privacy Act.

6. Education Programs

- 6.1 Netball Australia will develop and implement appropriate education and prevention programs and initiatives for the sport consistent with the Illicit Drugs in Sport - Education and Action Plan.
- 6.2 The education and prevention programs will promote the key messages of the Action Plan to identified target groups and will be delivered



through a medium(s) suitable to the target audience(s). These programs and initiatives will reflect key messages such as:

- 6.2.1 Illicit drug use is harmful,
 - 6.2.2 Illicit drug use can affect your sporting performance - in or out of competition, during the off-season, or on the weekend,
 - 6.2.3 Illicit drug use can affect your reputation and sporting career,
 - 6.2.4 Illicit drug use can affect your sports team,
 - 6.2.5 Illicit drug use can impact on the community who support you,
 - 6.2.6 Participating in sport supports a healthy lifestyle.
- 6.3 Netball Australia will incorporate information relating to this Illicit Drugs in Sport Policy, including the List of Prohibited Illicit Drugs, into the education programs.
- 6.4 Netball Australia will provide information about, and referrals to, counselling and support programs in relation to Illicit Drugs in the education programs. These programs may be face to face or an on-line service as appropriate.

7. List of Prohibited Illicit Drugs

- 7.1 The drugs prohibited under this Policy will be scheduled in the List of Prohibited Illicit Drugs which is an attachment to this Policy (Attachment A)
- 7.2 Any modifications to the List of Prohibited Illicit Drugs will be approved by the Netball Australia Board. The modified list will come into effect 3 months after its adoption by the Netball Australia Board.
- 7.3 Netball Australia will make reasonable efforts to inform Athletes, Athlete Support Personnel, Members and any other Person who has agreed to be bound by this Illicit Drugs in Sport Policy of any changes to the List of Prohibited Illicit Drugs.

8. Confidentiality and Reporting

- 8.1 Incorporation of Relevant Illicit Drugs in Sport Policies
 - 8.1.1 The Rules of each Member Organisation shall specifically provide that all Athletes, Athlete Support Personnel and other Persons under the jurisdiction of the Member Organisation shall be bound by this Illicit Drugs in Sport Policy.



8.2 Privacy

8.2.1 Netball Australia will act in a discreet and confidential manner in relation to all information relating to this Illicit Drugs in Sport Policy and associated programs.

8.2.2 Netball Australia and its members, employees and agents shall act in a discreet and confidential manner in discharging their obligations under this Policy.

9. Amendment and Interpretation of Illicit Drugs in Sport Policy

9. Amendment & Interpretation of Illicit Drugs in Sport Policy

9.1 This Illicit Drugs in Sport Policy may be amended from time to time by Netball Australia (subject to DoHA approval). A copy of the amended Policy must be provided to DoHA.

9.2 This Illicit Drugs in Sport Policy shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.

9.3 The headings used for the various Parts and Articles of this Illicit Drugs in Sport Policy are for convenience only and shall not be deemed part of the substance of this Illicit Drugs in Sport Policy or to affect in any way the language of the provisions to which they refer.

9.4 The Definitions shall be considered an integral part of this Illicit Drugs in Sport Policy.

9.5 This Illicit Drugs in Sport Policy shall apply from the date the Policy became effective.

9.6 Words in the singular include the plural and vice versa.

9.7 A Person includes a body corporate.

9.8 Reference to “including” and similar words are not words of limitation.

10. Definitions

15.1. In this Policy unless the context requires otherwise these words mean:

Athlete	A player that participates in a Netball Australia sanctioned competition.
Athlete Support Personnel	Any coach, trainer, manager, agent, team staff member, official, scientist, medical or para-medical or other personnel working with, treating or assisting an athlete preparing or participating for sporting activities.
DoHA	The Commonwealth Department of Health and Ageing or such other agency as the Australian Government gives the responsibility for dealing with the illicit drugs in sport policy.
List of Prohibited Illicit Drugs	The List identifying the Illicit Drugs prohibited under this policy.

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Member	A member for the time being of Netball Australia under Part III of the Netball Australia constitution and includes Member Organisations, Affiliates, Individual Members and Service Award Holders.
Member Organisation	An entity recognised under Rule 5.1 of the Netball Australia constitution to administer netball in its particular State or Territory.
Netball Australia	The national non-governmental organisation recognised by the Australian Sports Commission as a National Sporting Organisation to administer netball at the national level.
Person	A natural person or an organisation or other entity, including but not limited to: an athlete, athlete support personnel and member.
Privacy Act	The Commonwealth of Australia Privacy Act, 1988 which regulates how personal information is handled



ATTACHMENT A: LIST OF PROHIBITED ILLICIT DRUGS

1. Amphetamine
2. Cannabis (in any form, including flowering or fruiting tops, leaves, seeds or stalks, but not including Cannabis resin or Cannabis fibre)
3. Cannabis resin
4. Cocaine
5. Gammabutyrolactone (GBL)
6. 4-Hydroxybutanoic acid (GHB)
7. Heroin (diacetylmorphine)
8. Lysergide (LSD)
9. Methamphetamine
10. 3,4-Methylenedioxyamphetamine (MDA)
11. 3,4-Methylenedioxymethamphetamine (MDMA)
12. Opium
13. Psilocine
14. Psilocybine
15. Tetrahydrocannabinol (THC)
16. Methadone
17. Morphine
18. Oxycodone
19. Fentanyl
20. Pethadine
21. Dimethylamphetamine
22. Benzphetamine
23. Ephedrine
24. Methylephedrine
25. Cathine (D-norpseudoephedrine)

This list will be the "Drugs to be Included in Out-Of-Competition Testing" as determined by the responsible Australian Government Department (DoHA) as amended from time to time